

Forrist: Go ahead and go through the history and what you're seeing with your Mom.

Neal: Somewhere around her late thirties, she started to develop all the symptoms of what is now known to be fibromyalgia. I think the best way to describe the first ten to fifteen years of that was, that not a single doctor in the western world believed this condition existed. Nobody knew what it was. She basically had a headache, a migraine headache every day of her life, every hour of her life. It was pretty severe.

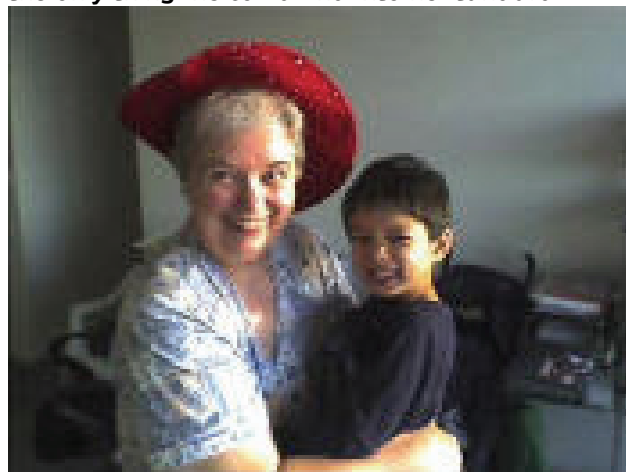
The headaches basically got accompanied with extreme fatigue, massive weight gain and then probably one of the most constant themes was the water retention. There was basically zero acknowledgment from the medical community that this was treatable, diagnosable or even a problem.

After going through this for a good ten years, and eventually giving up on the doctors as they tried every kind of thing you could imagine, more from the prospective Of trying to appease her. I know that at one point she started taking beta blockers which appeared to make things dramatically worse immediately. She eventually came to realize that food seemed to be playing a major role.

Then what she was encountering was the inability to sleep. That got so bad that at one point she would go through weeks on end with no sleep at all. Looking back at it, I would say that if she did actually fall asleep... She would never achieve what we would call the stage 2, stage 3, stage 4 sleep. It would always be very light. She would wake up with any noise at all, and generally couldn't sleep for more than five minutes. Usually what's happening is when she is waking up after a few minutes, it's a jerking motion of her eyes, kind of flying open. I'm beginning to think this would be a seizure. This is a pretty constant theme.

Now in the end, the doctors were basically prescribing to her medications to dope her to try to induce sleep. Again this is not the kind of sleep where we're talking stage 4 sleep, quality sleep, it's just basically drugging your eyes shut. Basically being a zombie.

With the headaches, she eventually found something called Cafergot which was just massive doses of caffeine. They seemed to work. They were the only thing she could find into he standard



medical community was offering that would offer any relief to these constant migraines. As her own doctor, at the time, told her, you basically choose the way you're gonna die. With the migraines, you die from Cafergot because that much caffeine is going to kill you. She would take these massive doses of Cafergot and basically it would usually knock her headache out within a few hours and last probably a day and a half. So she would be taking a Cafergot every 2-3 days. On her own research she basically discovered that Melatonin was the safe alternative. Ironically in Canada, the Melatonin was illegal throughout all of this time frame. So she had to go to the United States and kind of smuggle it across the border and use it.

What it would do, was it would provide her with an ability to actually fall asleep naturally and stay asleep for upwards of four hours at a time, on a good day. That was the first major relief she began to experience.

This is a woman whose gone from 115 lbs to upwards of 250 lbs. At the same time kind of realized that a lot of different foods are causing the headaches to be worse. So, she's gotten to the point now where she's taking Melatonin. She's extremely careful about what she's eating. She's probably eating the healthiest diet, equal to anyone on the planet and she can't loose any weight. She still has lots of water retention issues. At least it's kind of

Neal Describes His Mother's Amazing Experience With NCD
Interviewed by Forrist Lytehaouse 9-4-06

Page 2

being managed a bit better with the Melatonin and watching what she's eating.

Then discovering some naturopath, she basically got to the point where taking a whole bunch of supplements, she was able to manage the condition so that her headaches and her energy levels were kind of good enough for her to look like she was sort of healthy to most people. In the end she's taking probably 15 pills a day. She's taking things like Melatonin, we've already discussed. She's taking Betaine. She's taking digestive enzymes with every meal. She's taking all types of primrose oil and cod liver oil for her fatty acids. She's taking all kinds of different herbs that are helping her in various ways, sage, I don't even know the names of half of the things she's taking.

What I'm beginning to notice, as my son is succoring to autism and then I'm following the Defeat Autism Now protocol for recovering him is her supplements and Lucas's supplements are identical. They appear to be treating the same disorder in the same way. Things like Candida. Things like improper digestion, improper hydrochloric acid, improper detoxification systems.

Skipping forward, twenty years into this condition. We discover zeolite, NCD zeolite. What's happened with this is on two weeks... Actually let me just describe the first day that she started taking this.

Forrist: And this is less than a month ago or so?

Neal: Yes, this is basically, exactly one month ago.

I got the first box of liquid zeolite and I got it around 6:00 pm. I picked it up from the post office and we tried three drops on her, just that one evening. It's probably the most rapid, interesting thing I've ever seen in my life. That night, on three drops alone, she slept for the first time, for seven hours. She hasn't slept for seven hours in at least 20-22 years. IT didn't matter what she was taking, didn't matter how much Melatonin she would take, she's never slept more than four hours, in 20 years. Now she sleeps 7 hours in the first day.

Two weeks in, what we discovered was that she was sleeping that well, almost every night. I think there was one exception, in the first two weeks where she didn't sleep at all. That was when she

took ten drops in the evening. I think she actually... She got a headache off of that and I believe what was happening was that she was just detoxing too quickly.

So what she did is she started taking one drop every hour and a half on the second day we had the product. Then we fairly rapidly moved her up to four drops every hour and half. About nine times a day she was taking the product. What basically happened to her is she had a dramatic change in the way she experiences tiredness. She basically went from the chronic condition of feeling like she has fog, and being tired but not being able to turn that into sleep, to being somebody who is actually tired from the aspect of just feeling fatigue throughout your body but it's not like a wet blanket wrapped around your brain. That translates into somebody who actually sleeps well.

We took her off of zeolite for three days to see what was happening. What happened is that the old type of fatigue returned immediately. For three days she goes back to the condition prior. As soon as we put her back on the liquid zeolite, literally within an hour or two she's back to being somebody who just experiences tired differently.

We got her to a point that was basically four drops every hour and a half where she actually had quite a significant increase in energy. The most interesting thing is she started losing weight. Boy did she start losing weight rapidly. I'm telling you she never lost weight doing anything. You could starve the poor woman. You could feed her the most scientific diet you want, and we're experienced veterans of the specific carbo diet where we eat no starches at all that are ... no polysaccharide foods all, no potatoes, no ... Anything that's complex carbohydrates, and she still can't lose weight.

In two weeks on liquid zeolite, she lost 22 lbs of water. I'm pretty sure it's mostly water retention that's gone. She's looking visibly different. She made the comment, two weeks in, that for the first time ever, she could actually see bones in her feet. From a visual perspective her shoulders look different, her face is starting to slim down, and her legs look different. Her feet definitely were much smaller. She's actually showing me clothes, like her shirts are loose. These shirts have never been loose for years.

When we took her off the zeolite, she definitely was not losing weight. When we put her back on the zeolite again, it took a few days, but we got back to the point, that by the third week she was actually losing a pound a day, taking four drops every hour and a half. She is just continuing to look better and better.

Now, of course this prompted some thought, obviously where, we had her CREB cycle analyzed prior to all of this treatment with zeolite. The most interesting thing we saw was she had fairly normal levels of isocitrate dehydrase which is a key enzyme in the CREB cycle. But in the earlier spins of the cycle and kind of toward the end of this CREB cycle there's this enzyme that gets used call alpha ketoglutarate, which is quite integral to producing ATP, but is also in and about where the CREB cycle actually produces water. I've come to understand it's the electron fencer phase, and her alpha ketoglutarate level was essentially zero or almost negligible. The doctor who ordered this test who is quite good at alternative medicine, he's a standard GP but he's incredibly knowledgeable about bio chemistry way beyond your average doctor. When he looked at this lab result, his eyes literally popped out of his head looking at her alpha ketoglutarate level that's essentially zero.

His first comment was, "well I think we know why you have no energy." It never dawned on him or anyone else I've ever spoken to that this may be actually be a contributing factor to why you have water retention, and why liquid zeolite would be causing this water retention to simply evaporate so quickly. My contention here is, looking here at the inputs and outputs of the CREB cycle is that there is... The body clearly has a process of suppressing the production of ATP, and ATP itself in high concentration is quite toxic. There is a feedback loop there to prevent the production of these enzymes if the body believes there's too much ATP and my contention here is that there is probably a toxin within her cell that is mimicking ATP and the body's feedback loop is basically getting a negative feedback loop or a false positive and literally suppressing the production of these enzymes or in some way suppressing the production of ATP. Therefore suppressing the ability to consume the water that's actually used into the process of creating ATP. It kind of fit with this whole model of her alpha ketoglutarate being so low.

We give her zeolite, and what happened? She gets more energy, she starts sleeping properly and she starts dropping 25 lbs of water in three weeks, which I think is literally a miracle.

I'd like to personally see if this happens with other people in the same way. If you give me a person whose got this similar condition of chronic fatigue, fibromyalgia, water retention, low energy, poor sleep, I would like to see if anything starts happening.

I've talked to probably 40-50 different doctors in the last three years about my son and also about my mother. What I've come to realize is that here is not a single doctor out there that knows, there's not a practicing doctor that knows anything about the CREB cycle. You actually start quizzing them in detail about how the CREB cycle works, you just get a blank stare. They do not know the bio chemistry. Even probably the most experienced, useful doctor I've ever encountered who ordered this test in the first place, to look at her CREB cycle, did not know anything about the electron transfer phase. I learned about that listening to medical doctors that are involved in research and giving peaches at a DAN conference about it.

What it tells me is that there are some very basic relatively easy to understand medicine that is not being applied by any western doctors. Zeolite has tapped into and is exposing a dramatic change in positive health. The reason why it's getting no attention at all is because the doctors, as soon as they get out of school, they forget their CREB cycle, they don't understand their bio chemistry and they just don't recognize the significance of a miracle. It's like tripping over a lump of gold and not realizing ... Complaining about your stubbed toe instead of realizing you've just hit the jack pot.

On this test result where we got the evidence that her alpha ketoglutarate was very low it had a huge diagram on the back which is just one view of the CREB cycle. You simply cannot describe the CREB cycle in one picture, because that's not the way the CREB cycle works. I kind of figured out that there was a connection with water and the CREB cycle just by going on to wikipedia and looking up citric acid cycle and you know, you draw it out in three different views. In one of the views apparently, and each of them has an input and each of them has an output. When you look at it at

that view it becomes very obvious that water is key because in the third spin of this citric acid cycle of the inputs it's two or three water molecules, and of the output is ATP. You can't see that on the only view that most doctors look at. It's just have the time and wherewithal and desire to think about something in enough detail and look at it at an angle that actually shows something that's meaningful.

Forrist: Are you considering having your mother do that CREB cycle test again?

Neal: I would like to but, to be honest with you, with one family suffering from autism and a mother that's been suffering from fibromyalgia for so long, we just don't have the money to be ... The reality is that most of the doctors that have met and know my son and know how severely autistic he was in the past. You go speak to them again and instead of recognizing that he's recovered from autism, what they say is, "oh we had the wrong diagnosis".

Since my mother's condition is one of these conditions that very few doctors, even acknowledge exist. Matter of fact, I believe the CDC only actually admitted that chronic fatigue syndrome was an actual disorder in the last year or two. The reality is that it doesn't matter what test you have, overcoming the inertia of ignorance is not something that's achievable by me. It doesn't matter what blood test..... Of my son after he got his flu shot, which he was not autistic before he got them, was severely autistic three weeks after he

got that shot. We only can talk about the fact that he didn't stop crying for a year since the second that needle went into his arm.

I have a hair sample test that was done by Doctor's Data which is clearly one of the most reputable labs into he world. It shows seven parts per million of mercury in his hair. That, according to the Environmental Protection Agency in the United States is beyond belief. I mean this boy with seven parts per million of mercury in his hair should be on an operating table, you know, or should be examined by every doctor in the country to figure out how something so horrible could happen. He should have insurance companies lined up to help pay to treat this condition. Instead, doctor after doctor after doctor looks at this and says, "what lab did that come from?" "I didn't order this test". "This lab is meaningless to me". "These people aren't eve... Who are they?" "Mercury's not even poisonous." I mean I've had doctors tell me Mercury is not even poisonous, can you believe that?

Forrist: Not important?

Neal: They've said it's not even poisonous, they said it's not the right type of mercury. I've had a Harvard Trained Pediatrician tell me that "Oh it's Ethel mercury, it's organic so it's ok." This test that demonstrates my mother's alpha ketoglutarate levels will get the same level of this disrespect.

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